



Well-being Objective 11

A Council-wide approach to supporting Ageing Well in Carmarthenshire

How will we do this?

Our action plan to achieve this objective

(Lemon highlight means that this is not the Action or Measure's main objective)

Ref	Actions and Measures	By When
A	Age Friendly Communities:	
1	We will consult on the Ageing Well Action Plan with the 50+ Forum	March 2018
2	We will work with our partners, we will deliver staff training through the Make Every Contact Count (MECC) initiative, which will include help relating to fire risks, other hazards, slips, trips and falls and alcohol brief intervention (ABI) training.	March 2018
3	We will review the provision of the "Country Cars" scheme with partner organisations and look at opportunities to share resources with non-emergency health transport. <i>(Action also included in Objective 13)</i>	March 2018
4	We will continue to review the County's Public Transport network and work with Operators and Stakeholders to sustain the network within the confines of the resources available.	March 2018
5	We will continue to promote the all Wales Concessionary Travel Pass	March 2018
6	We will undertake a review to determine the present condition of care homes and sheltered housing.	March 2018
7	We will launch a website to signpost learners to the learning opportunities available from all providers in the county	March 2018
8	To ensure we help alleviate poverty and promote inclusion, we will support the work of the Tackling Poverty Advisory Panel <i>(Action also included in Objective 5)</i>	March 2018
9	We will develop a scheme to introduce energy efficient LED lighting to tenant's homes, which together with other schemes, will help to alleviate fuel poverty. <i>(Action also included in Objective 5)</i>	March 2018
10	We will help older people contribute to recycling through the 'assisted lift' scheme for people unable to take waste to the kerbside	March 2018
11	We will identify the strengths and resources within communities which can contribute to promoting and supporting the health and wellbeing of neighbours. <i>(Action also included in Objective 9 &10)</i>	March 2018
B	Dementia Supportive Communities:	
1	We will implement the actions within the Regional Dementia Plan in line with the findings of the Older People's Commissioner Report "More than just Memory Loss"	March 2018
C	Falls prevention:	
1	We will Inspect Highways, footways and lighting infrastructure on a regular basis to identify any defects posing a danger to the public.	March 2018

Ref	Actions and Measures	By When
2	We will ensure a range of targeted physical activity interventions are put in place across the life course to increase the activity levels of those who are inactive or at risk of becoming inactive. <i>(Action also included in Objective 8)</i>	March 2018
3	We will support the all-Wales 'Steady on' falls prevention campaign by distributing leaflets and posters to the 50+ Forum and other networks.	March 2018
D	Opportunities for employment and new skills	
1	We will continue to support partnership working with other providers of adult community learning through the Carmarthenshire Adult Community Learning Group <i>(Action also included in Objective 3)</i>	March 2018
2	We will deliver computer classes at libraries throughout the County	March 2018
3	We will co-ordinate the signposting of digital activity across the County for older people	March 2018
4	We will retain and promote Carmarthen Community Education Centre as a flagship hub venue for Basic Skills and English for speakers of other languages (ESOL) provision, private classes, community clubs and societies.	March 2018
5	We will start to implement our Libraries Development plan 2017 – 2022 and as part of that plan roll out the new mobile library service and plan to house Carmarthenshire's Archive collection in appropriate accommodation at Carmarthen library. <i>(Also included in Well-being Objective 14)</i>	March 2018
7	We shall increase the number of adults that feel more positive with improved confidence about seeking work after receiving employability support through Communities First and associated programmes. <i>(EconD/020) (Also included in Well-being Objective 5)</i> <i>(2016/17 Result - 100%)</i>	100%
8	We shall ensure that a high number of residents feel more confident in using a computer and gaining IT skills after receiving digital inclusion support through Communities First and associated programmes. <i>(EconD/021) (Also included in Well-being Objective 5)</i> <i>(2016/17 Result - 100%)</i>	100%
E	Loneliness and isolation:	
1	We will develop the Actif Sir Gar programme to support healthy lifestyles and provide opportunities to make friends and socialise.	March 2018
2	We will support inclusion by ensuring all sheltered housing residents continue to benefit from Wi-Fi internet provision and IT training	March 2018
3	We shall establish and promote an "everybody's business" approach to safeguarding in Carmarthenshire by working with local authority colleagues and partner agencies <i>(Action also included in WBO 9)</i>	December 2017
4	We will increase the number of vulnerable and disadvantaged people protected through Financial Exploitation Safeguarding Scheme <i>(Action also included in Objective 5&9)</i>	March 2018
5	Through the Time Credits programme we will provide and promote volunteering opportunities for residents to enhance their skills and continue to encourage/promote residents to be more involved in their communities through volunteering action. <i>(Action also included in Objective 5)</i>	March 2018