

## 2011 Census data for Carmarthenshire County Council – Health & Provision of Unpaid Care

	Carmarthenshire		Wales		England & Wales	
<b>All</b>	<b>183,777</b>		<b>3,063,456</b>		<b>56,075,912</b>	
Day-to-day activities limited a lot	24,912	13.6%	364,318	11.9%	4,769,712	8.5%
Day-to-day activities limited a little	21,763	11.8%	331,537	10.8%	5,278,729	9.4%
Day-to-day activities not limited	137,102	74.6%	2,367,601	77.3%	46,027,471	82.1%
<b>Age 16 to 64</b>	<b>112,587</b>		<b>1,944,616</b>		<b>36,273,707</b>	
Day-to-day activities limited a lot	10,474	5.7%	162,156	8.3%	2,086,236	5.8%
Day-to-day activities limited a little	10,665	5.8%	167,224	8.6%	2,619,966	7.2%
Day-to-day activities not limited	91,448	49.8%	1,615,236	83.1%	31,567,505	87.0%
<b>General health</b>						
Very good health	82,638	45.0%	1,428,697	46.6%	26,434,409	47.1%
Good health	55,618	30.3%	953,363	31.1%	19,094,820	34.1%
Fair health	30,011	16.3%	447,789	14.6%	7,401,881	13.2%
Bad health	11,475	6.2%	178,222	5.8%	2,428,668	4.3%
Very bad health	4,035	2.2%	55,385	1.8%	716,134	1.3%
<b>Provision of unpaid care</b>						
Provides no unpaid care	159,788	87.0%	2,693,226	87.9%	50,275,666	89.7%
Provides 1 to 19 hours unpaid care a week	13,390	7.3%	212,436	6.9%	3,665,072	6.5%
Provides 20 to 49 hours unpaid care a week	3,485	1.9%	54,046	1.8%	775,189	1.4%
Provides 50 or more hours unpaid care a week	7,114	3.9%	103,748	3.4%	1,359,985	2.4%

**General Health**

*General health is a self-assessment of a person's general state of health. People were asked to assess whether their health was very good, good, fair, bad or very bad. This assessment is not based on a person's health over any specified period of time.*

**Long-term Health Problem or Disability**

*A long-term health problem or disability that limits a person's day-to-day activities, and has lasted, or is expected to last, at least 12 months.*

*This includes problems that are related to old age. People were asked to assess whether their daily activities were limited a lot or a little by such a health problem, or whether their daily activities were not limited at all.*

**Provision of Unpaid Care**

*A person is a provider of unpaid care if they look after or give support to family members, friends, neighbours or others because of long-term physical or mental ill health or disability, or problems relating to old age. This does not include any activities as part of unpaid employment.*

*No distinction is made about whether any care that a person provides is within their own household or outside of the household, so no explicit link can be made about whether the care provided is for a person within the household who has poor general health or a long-term health problem or disability.*