

**Rhydaman/Ammanford - Cwmaman**

drwy/via Bro Ryan - Heol Folland/Folland Road - Maesybedol - Twyn

**Gwasanaeth/Service 145/146**

Yn weithredol/Effective from 18/05/2014

Dydd Llun i ddydd Sadwrn (oni nodir fel arall) • Monday to Saturday (unless shown otherwise)

First Cymru

Rhif y Gwasanaeth/Service No. am/pm	⌘ 145 am	⌘ 145 am	⌘ 145 pm
Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	9.00	11.00	1.00
Carregaman, gyferbyn/opp Wilkinsons	9.02	11.02	1.02
Glanaman, Bro Ryan	9.11	11.11	1.11
Glanaman, Sgwâr/Square	9.13	11.13	1.13
Garnant, Heol Ysgol Newydd/New School Road	9.15	11.15	1.15
Garnant, Sgwâr/Square	9.17	11.17	1.17
Garnant, Heol Dynefor Road	9.19	11.19	1.19
Garnant, Sgwâr/Square	9.21	11.21	1.21
Twyn, Sgwâr/Square	9.23	11.23	1.23
Garnant, Maesybedol	9.27	11.27	1.27
Glanaman, Heol Folland/Folland Road	9.30	11.30	1.30
Cwmaman, Heol Aman lloches/shelter	9.33	11.33	1.33
Glanaman, Sgwâr/Square	9.35	11.35	1.35
Glanaman, Bro Ryan	9.38	11.38	1.38
Carregaman, Wilkinsons	9.47	11.47	1.47
Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	9.51	11.51	1.51

Rhif y Gwasanaeth/Service No. am/pm	⌘ 146 pm	⌘ 146 pm	⌘ 146 pm
Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	12.00	2.00	4.20
Carregaman, gyferbyn/opp Wilkinsons	12.02	2.02	4.22
Glanaman, Bro Ryan	12.11	2.11	4.31
Glanaman, Sgwâr/Square	12.13	2.13	4.33
Cwmaman, Heol Aman lloches/shelter	12.16	2.16	4.36
Glanaman, Heol Folland/Folland Road	12.18	2.18	4.38
Garnant, Maesybedol	12.22	2.22	4.42
Twyn, Sgwâr/Square	12.26	2.26	4.46
Garnant, Sgwâr/Square	12.27	2.27	4.47
Garnant, Heol Dynefor Road	12.29	2.29	4.49
Garnant, Sgwâr/Square	12.31	2.31	4.51
Garnant, Heol Ysgol Newydd/New School Road	12.34	2.34	4.54
Glanaman, Sgwâr/Square	12.35	2.35	4.55
Glanaman, Bro Ryan	12.38	2.38	4.58
Carregaman, Wilkinsons	12.47	2.47	5.07
Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	12.51	2.51	5.11

⌘ Yn gweithredi ar ran Cyngor Sir Caerfyrddin • Operates on behalf of Carmarthenshire County Council

First Cymru, Heol Gwyrosydd, Penlan, Abertawe/Swansea SA5 7BN. Ffôn/Phone 01792 572 255. [www.firstgroup.com](http://www.firstgroup.com)

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Noder taw'r amserau gadael rhestredig yw'r amserau a ddangosir ac mae'n bosibl yr effeithir arnynt gan amgylchiadau na fu modd eu rhagweld, megis amodau traffig, tywydd gwael, neu resymau eraill. Cynghorir teithwyr i fod yn yr arhosfan cyn yr amser gadael a hysbyseb. Gwener pob ymdrech i sicrhau fod y wybodaeth uchod yn gywir, ond gall manylion newid ar fyr rybudd. Cynghorir teithwyr i sicrhau manylion y daith cyn teithio. Nid yw'r Cyngor Sir na'r cwmnïau bus yn gallu derbyn cyfrifoldeb am unrhyw gamgymeriadau neu newidiadau hwyr.

Please note that times shown are scheduled departure times, which may be affected by unforeseen circumstances such as traffic conditions, adverse weather conditions, or other reasons. Passengers are advised to be at the stop in advance of the advertised departure time. Every effort is made to ensure that the above information is correct, but details may change at short notice. Passengers are advised to check journey details before travelling. Neither the County Council nor the bus operators can accept responsibility for any inaccuracies or late alterations.

Am help i drefnu eich taith • For help to plan your journey

**01267 234567**

Dydd Llun - ddydd Gwener, oriau swyddfa - Monday to Friday, office hours

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