



## Well-being Objective 11

Age Well - A Council-wide approach to support Ageing Well in Carmarthenshire

### How will we do this? Our detailed action plan to achieve this objective

(Lemon highlight means that this is not the Action or Measure's main objective)

| Ref      | Actions and Measures  | Date/Target |
|----------|---|-------------|
| <b>A</b> | <b>Age Friendly Communities:</b>  |             |
| 1        | We will ensure best use is made of school facilities to support wider community activity. <i>(Action also in Well-being Objectives 2, 8, and 9) MF5-30</i>  | March 2020  |
| 2        | We will further develop the Ageing Well in Carmarthenshire Action Plan  | March 2019  |
| 3        | We will improve our engagement and consultation mechanisms with the 50+ Forum   | March 2019  |
| 4        | Continue to develop the provision of 'County Cars' and links with the Royal Voluntary Service and HDUHB.  | March 2019  |
| 5        | We will work with the community, Ceredigion and Pembrokeshire county councils to help sustain the delivery of the LINC/ Bwcabus integrated transport services & Key strategic Services. <i>(Action also in Well-being Objective 13)</i>   | March 2019  |
| 6        | We will continue to review the County's Public Transport network and work with Operators and Stakeholders to sustain the network within the confines of the resources available.  | March 2019  |
| 7        | We will continue to promote the all Wales Concessionary Travel Pass   | March 2019  |
| 8        | We will launch a website to signpost learners to the learning opportunities available from all providers in the county  | March 2019  |
| 9        | We will assess the options for delivering energy efficiency improvements to Council homes <i>(Action also in Well-being Objective 5)</i>  | March 2019  |
| 10       | We will identify the physical resources which can contribute to promoting and supporting the health and wellbeing of their population through a dedicated online information portal such as "Dewis.Cymru". <i>(Action also in Well-being Objectives 10 &amp; 11)</i>                            | March 2019  |
| 11       | We shall provide support for carers, and young carers in particular, to enable them to continue providing the invaluable care they offer to family and friends in need. <i>(Action also in Well-being Objective 10) MF5-58</i>  | March 2019  |
| <b>B</b> | <b>Dementia Supportive Communities:</b>   |             |
| 1        | We will continue to support people living with dementia and the development of more dementia friendly and supportive communities and provisions across the County. <b>MF5-60</b>  | April 2019  |
| 2        | We will start to implement our Libraries Development plan 2017 – 2022 and as part of that plan roll out the new mobile library service. <i>(Action also in Well-being Objective 14)</i>   | March 2022  |
| <b>C</b> | <b>Falls prevention:</b>  |             |
| 1        | We will inspect Highways, footways and lighting infrastructure on a regular basis to identify any defects posing a danger to the public.  | March 2019  |
| 2        | We will ensure a range of targeted physical activity interventions are put in place across the life course to increase the activity levels of those who are inactive or at risk of becoming inactive and increase social and community cohesion. <i>(Action also in Well-being Objective 8)</i> | March 2019  |
| 3        | In collaboration with our PSB partners we will deliver staff training through the Making Every Contact Count (MECC) initiative, which will include help relation  | March 2019  |

| Ref      | Actions and Measures  | Date/Target             |
|----------|---|-------------------------|
|          | to fire risks, other hazards, slips, trips and falls and alcohol brief intervention (ABI) training  |                         |
| <b>D</b> | <b>Opportunities for employment and new skills</b>  |                         |
| <b>1</b> | We will continue to support partnership working with other providers of adult community learning through the Carmarthenshire Adult Community Learning Group <i>(Action also in Well-being Objective 3)</i>  | March 2019              |
| <b>2</b> | We will co-ordinate the signposting of digital activity across the County for older people  | March 2019              |
| <b>3</b> | We will ensure an appropriate effective governance is in place with the Local Authority Trading Company to provide the provision of an Information, Advice and Assistance service in order to comply with our Statutory Duty under the Social Services and Well-being Act.<br><b>MF5-52a</b> <i>(Action also in Well-being Objective 10 &amp; 11)</i> | March 2019<br>6 monthly |
| <b>4</b> | We will retain and promote Carmarthen Community Education Centre as a flagship hub venue for Basic Skills and English for speakers of other languages (ESOL) provision, private classes, community clubs and societies.   | March 2019              |
| <b>5</b> | We shall increase the number of adults that feel more positive with improved confidence about seeking work after receiving <b>employability support</b> through Communities First and associated programmes. <i>(EconD/020)</i><br><i>(Also in Well-being Objective 5)</i> <span style="float: right;"><i>(2017/18 Result - 100%)</i></span>          | 100%                    |
| <b>6</b> | We shall ensure that a high number of residents feel more confident in using a computer and gaining IT skills after receiving <b>digital inclusion support</b> through Communities First and associated programmes. <i>(EconD/021)</i><br><i>(Also in Well-being Objective 5)</i> <span style="float: right;"><i>(2017/18 Result - 100%)</i></span>   | 100%                    |
| <b>E</b> | <b>Loneliness and isolation</b>   |                         |
| <b>1</b> | We will work with partners to provide more opportunities for vulnerable and older people to socialise in order to reduce loneliness. <b>MF5-59</b>  | March 2019              |
| <b>2</b> | We will embed a person centred approach to safeguarding which ensures the service user is heard and central in decision making.<br><i>(Action also in Well-being Objective 9)</i>   | March 2019              |
| <b>3</b> | We will promote financial literacy and protecting vulnerable people from financial fraud through the Financial Exploitation Safeguarding Scheme (FESS).<br><i>(Action also in Well-being Objectives 5 &amp; 9)</i>  | March 2019              |
| <b>4</b> | We will work with the third sector and other stakeholders to develop the range of support services provided in the County across a number of service areas as well as further developing volunteering opportunities within the County. <i>(Also in Well-being Objective 5)</i> <b>MF5-80</b>  | March 2019              |

### Success Measures

**People who are lonely** *(National Survey for Wales)(National Well-being Indicator)*