

Tips for reducing your plastic waste

We Recycle!

At Home

- Use a bar of shampoo or soap rather than a bottle
- Replace makeup wipes with reusable cotton pads
- Use toothbrushes and razors with replaceable heads
- Try reusable food wraps made from beeswax or cotton
- Buy washing powder packaged in cardboard boxes
- Package parcels using newspaper rather than bubble-wrap

Out and About

- Remember your reusable fabric bags for going shopping
- Have an ice cream cone instead of a tub with a plastic spoon
- Bring your own reusable water bottles, coffee mugs and cutlery
- Say no to plastic straws, try steel or paper straws instead
- Buy food such as bread, fruit and vegetables loose or packaged in paper bags rather than plastic
- Bring your own containers to the shop to buy meat
- Choose glass jars and tins over plastic packaging

