Tips for reducing your plastic waste

At Home
• Use a bar of shampoo or soap rather than a bottle
• Replace makeup wipes with reusable cotton pads
• Use toothbrushes and razors with replaceable heads
• Try reusable food wraps made from beeswax or cotton
• Buy washing powder packaged in cardboard boxes
• Package parcels using newspaper rather than bubble-wrap

Out and About
• Remember your reusable fabric bags for going shopping
• Have an ice cream cone instead of a tub with a plastic spoon
• Bring your own reusable water bottles, coffee mugs and cutlery
• Say no to plastic straws, try steel or paper straws instead
• Buy food such as bread, fruit and vegetables loose or packaged in paper bags rather than plastic
• Bring your own containers to the shop to buy meat
• Choose glass jars and tins over plastic packaging