

Gardening & Community Growing Opportunities

Across Carmarthenshire, there is an increasing number of volunteering opportunities available to those wishing to participate in community growing schemes. There is evidence supporting the idea that growing your own produce can have benefits for both people and the planet, whether through improved physical and mental well-being or by reducing the number of food miles on our plates.

This resource has been published to highlight the range of volunteering opportunities to grow in your community, rather than promoting specific organisations. Please note this database was created in May 2024. It is recommended that anyone seeking such opportunities should contact the organisation directly.

The following organisations may be used as a starting point to get involved:

- [Carmarthenshire Association of Voluntary Services](#)
- [Connect Carmarthenshire](#)
- [Incredible Edible](#)
- [InfoEngine \(Wales\)](#)
- [Local Town and Community Councils](#)
- [Royal Horticultural Society](#)
- [Social Farms & Gardens](#)
- [Social Enterprises in Carmarthenshire](#)
- [Volunteering Wales](#)

The table on the following page has been curated using information from online resources.

Area	Organisation	Website
Abergwili	Community Orchard	https://www.facebook.com/groups/482304095189341/
Ammanford	Helping People Grow	http://www.facebook.com/GrowAspirations/
Bancyfelin	Bronhaul farm CSA	https://bronhaulfarm.co.uk/volunteer/
Bancyfelin	Glasbren	https://www.glasbren.org.uk
Burry Port	Community Garden	https://pembreyburryport-tc.co.uk/ https://www.facebook.com/groups/224874001178723
Carmarthen	Belief Faith & Action CIC	https://www.farmgarden.org.uk/org/public-profile/68448
Carmarthen	MIND Gardening Group	https://connectingcarmarthenshire.wales/activity/garden-group
Carmarthen	West Wales Woods	https://www.farmgarden.org.uk/org/public-profile/72299
Carmarthen	Living Pictures Coed Dylan project	https://livingpictures.org.uk/coed-dylan/
Carmarthen	Plot 88 – Cegin Hedyn	https://www.warrenmanselst.co.uk/journal/carmarthenallotments
Carmarthen	National Botanic Garden of Wales	https://botanicgarden.wales/support/volunteer/
Countywide	Paramaethu CSA	http://www.facebook.com/paramaethusirgar/
Countywide	Incredible Edible Carmarthenshire Facebook	https://www.facebook.com/groups/224874001178723
Countywide	Coed Lleol	https://www.smallwoods.org.uk/en/coedlleol/

Area	Organisation	Website
Cross Hands	Tyfri Community Garden	http://www.facebook.com/Tyfrifarm/
Danrhelyg	Danyrhelyg Community Garden	https://www.bluegreencymru.com/
Dinefwr Farm	Dinefwr Orchardeers	https://www.farmgarden.org.uk/org/public-profile/49081
Ferryside	Ferryside gardening club	https://ferrysidegardenclub.weebly.com/
Friars Park	Dr Mz's Grow it, Cook it, Transform it	https://www.drmz.co.uk/
Furzehill	Fforest Tan at Cae Tan CSA	http://www.caetancsa.org/en/
Garnant	Garnant Family Centre Community Garden	https://www.farmgarden.org.uk/org/public-profile/49081
Kidwelly	Cydweli Common Ground	http://www.kidwelly.gov.uk/cydweli-common-ground.html
Kidwelly	Kidwelly's Little Orchard	https://www.facebook.com/groups/224874001178723
Kidwelly	Gwenllian centre	http://www.facebook.com/GwenllianCentre/
Kidwelly	Banc organics CSA	https://communitysupportedagriculture.org.uk/farms/banc-organics/
Kidwelly	Burns Clash Project	https://johnburnsfoundation.org/better-tomorrow
Llandelio	Cymdeithas y Dalar	http://www.cymdeithasydalar.org.uk/
Llandovery	Gardd Y Ddraig Community Garden	https://www.facebook.com/GarddYDdraig

Area	Organisation	Website
Llandysul	Dyfed Permaculture Farm Trust	http://dyfedpermaculturefarmtrust.org.uk/training-workshops-events/volunteer-workdays/
Llandysul	Ieuencid Tysul Youth - Yr Ardd Community Growing Project	https://www.facebook.com/yrardd1
Llanelli	Cetma Home Growing	https://cetma.org.uk/news/home-gardening-project-funding-success/
Llanelli	Carmarthenshire Wellbeing Project	https://www.farmgarden.org.uk/org/public-profile/73920
Llanelli	CBSA	https://www.farmgarden.org.uk/org/public-profile/68964
Llanelli	Dwyfor Growing Spaces	https://www.farmgarden.org.uk/org/public-profile/54919
Llanelli	St Paul's Family Centre Allotment Garden	https://www.farmgarden.org.uk/org/public-profile/58630
Llanelli	The Rose Garden Project	https://www.farmgarden.org.uk/cy/org/public-profile/73190
Llanelli	Llanelli Centre for the deaf	https://weblanellideaf.wixsite.com/llanellicentre4deaf
Llanelli	Ponthenri Community Nature Project	Darren.rees@llanelli-rural.gov.uk
Llanelli	LINKS	https://www.links.uk.net/
Llanelli	Llanelli Railway Goodshed Trust	https://www.facebook.com/LlanelliRailwayGoodsShed/
Llanelli	U3A Gardening Group	https://llanelli.u3asite.uk/u3a_groups/gardening-group/
Llangathen	Aberglansy	https://aberglasney.org/

Area	Organisation	Website
Machynys	Foothold Cymru	https://footholdcymru.org.uk/
Maeslyn	Teifi Organics Ltd	https://www.farmgarden.org.uk/org/public-profile/78458
Pembrey and Burry Port	Pembrey and Burry Port Gardening Club	https://www.facebook.com/groups/1110379762309328/
Pontarddulais	New drop-in centre	https://en.infoengine.cymru/services/new-drop-in-centre?utm_source=infoengine_widget&utm_medium=embed
Pontyberem	Incredible Edible, Sky's community Orchard	https://www.facebook.com/itsincredibleedible/
Pwll	Pwll Community Gardening	https://www.facebook.com/groups/1123615295708089/
Swiss Valley	Groundforce Swiss Valley	https://swissvalleyschool.wales/
Trimsaran	Grow with us Trimsaran	https://www.facebook.com/groups/389864429662447
Whitland	Criafolen Permaculture Garden	https://www.farmgarden.org.uk/org/public-profile/79561